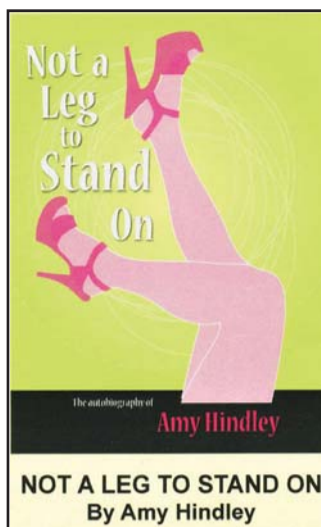


Not a leg to stand on

"Amy Hindley is living proof that a powerful spirit can triumph through adversity."

Born with spina-bifida, Amy has overcome illiteracy, disability, heartache, tragedy and anguish, to discover passion and a full life. There's also a lot of humour in this hard-to-put-down book.

Chrissie Ward, committee member of the Top of the South chapter of the NZ Society of authors writes "I've just finished



reading Amy's book, and enjoyed it immensely. What a life she has had! The book is fascinating. What comes across particularly is her strength of character - she is a real survivor. Congratulations."

The book is available from Amy Hindley, 47 Bisley Avenue, Tahuna, Nelson, 7011, also through The Copy Press, 105 Neale Avenue, Stoke, Nelson, info@copypress.co.nz. The cost is \$30.00 plus p&p of \$5.00.

Real estate help for seniors

Bill Cornelius and Lennox Willett of South Island Realty Services are senior real estate agents who between them have almost 40 years property marketing experience.

Both Bill and Lennox have been helping elderly family members with their property affairs over the past few months. While attending to these matters it became apparent to them how important it was that the family member be able to work with the one agent from the initial visit to the completion of sale.

Bill and Lennox understand that most people like to retain their independence and handle their own affairs, however they also understand that from time to time complex issues may arise which are best shared with family members or professional advisers such as your solicitor, accountant or doctor. Bill and Lennox are marketers, estate law, taxation and such other issues are best handled by those with the

proper expertise.

So how can Bill and Lennox assist you with the sale of your property?

Firstly, they will call at your property, they will inspect the property and prepare a written report including an assessment of its current market value. They will discuss the marketing options available to you taking into consideration your own thoughts and needs. Matters such as inspection times for your property will be discussed, do you want open homes, what days and times best suit you for inspections.

How much does it cost to sell a home? Fees will be fully discussed and set out in writing before any marketing commences. Once you are on the market Bill and Lennox will use their vast experience and resources to obtain the best market value for your property. You can contact Bill or Lennox anytime on telephone 9647600. (A)

Restoring the tradition of family support

An innovative family-centred support Trust established in Christchurch in 2005 has recently launched comprehensive community services throughout Canterbury. The principle aim of the La Fama Foundation NZ is to provide professional community sourced domestic support services. La Fama's services are designed to "fill the gaps" in the areas of domestic and home support where government and NGO agencies are not specifically mandated to assist; while also providing a comprehensive communication network of referrals between all providers.

The La Fama Family Management system redefines and empowers the family at the community level through advanced family education and shared responsibility to include the identification and employment of community participants. La Fama supports the choice of employment both within and outside of the traditional family structure through the offering of Family Management courses in all areas of domestic interest, including care of the elderly, people with disabilities, palliative

support and general in home support and domestic assistance.

Although La Fama is a charitable trust, it is also funded in part by revenue from La Fama partner businesses that donate a significant proportion of their annual profits to the Foundation. Partner businesses currently include ITtelenet Limited, The Bayou and La Fama Kitchen restaurants in Sumner, and the Prenzel Company; a New Zealand based Australasian specialty food distributor. Additional revenue is derived from its standard agency services.

The current range of agency services provided by La Fama includes:

- * The La Fama Institute for Family Management training
- * Palliative Support
- * In-home domestic assistance
- * Child care
- * Support for people with disabilities
- * Night Sitter services
- * Nutrition education, meal preparation
- * Support for shopping, doctor's visits, family visits

For more information visit www.lafamia.com or call 03-968-9650. (A)

Do You Have a Family Member You are Caring for?

Do You Need Family Support?

La Fama Provides Professional Home Based:

- Care and Support • Age Care Support • Palliative Support
 - Support for People with Disabilities
- Child Care for People who are Unwell or Disabled
 - Family Management Courses



La Fama

Foundation NZ

www.lafamia.com

CONTACT US ON 968 9650



SELLING YOUR PROPERTY ...

Let our 30 years real estate marketing experience work for you...

Specialising in property issues for seniors.

We offer easy to understand answers to your questions.

Houses * Townhouses * Units * Lifestyle

— Canterbury Wide —

FREE APPRAISALS - FREE INITIAL CONSULTATION

"It's the way we put the little things together that makes the important things happen."

Bill Cornelius

Ph: 386 0510 & 355 6444

Mobile: 0274 344 234

Email: billcornelius@xtra.co.nz

Lennox Willett

Ph: 964 7600 & 332 5804

Mobile: 0274 330 452

Email: willett@netaccess.co.nz